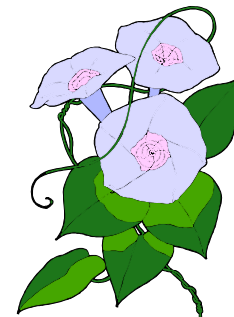


September 2010

Willow Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Willow Family Meeting will be held on Wednesday the 29th at 4:00 pm in the conference room.			1 8:00 Breakfast 8:45 Am Relaxation 9:00 Scattegories 9:30 Exercise/Walk 10:00 Mass 10:30 Collage art 11:30 Dinner 1:00 Phrase Fun 2:30 Resident Mtg. 3:00 Happy Hour 4:30 Supper 5:30 Evening Stroll 6:30 Bingo	2 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Scattegories 11:30 Dinner 1:00 Independent Act/walk 2:30 Nursery Rhymes 3:30 Nail Care 4:30 Supper 5:30 Evening Stroll 6:30 Mandelas	3 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Crafty Creations 11:30 Dinner 1:00 Independent Act/walk 2:30 Bean Bags 3:00 Laughing Yoga 3:30 Phrase Fun 4:30 Supper	4 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Scattegories 11:30 Dinner 1:00 Independent Act/walk 4:30 Supper 5:30 Evening Stroll 6:30 Penne ante Movie
5 8:00 Breakfast 8:45 Am Relaxation 9:00 Spiritual Reading 9:30 Exercise/Walk 10:30 Hymns Sing along 11:30 Dinner 1:00 Coupon clipping 2:30 Balloon volley 3:30 Scattegoies 4:30 Supper 5:30 Evening Stroll	6 Labor Day 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Rosary 10:30 Sing along 11:30 Dinner 1:00 Independent Act/walk 3:30 Lemonade Social 4:30 Supper 5:30 Pet Therapy 6:30 Evening Stroll	7 8:00 Breakfast 8:45 Spa Day 10:00 Chocolate? 10:30 Exercise/Walk 11:30 Dinner 2:00 Ice Cream Social 3:30 Reminisces 4:30 Supper 5:30 Evening Stroll 6:30 Life Work	8 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Friendship bible Study/Mass 10:30 Our Stories 11:30 Dinner 2:00 Square Dancing entertainment 3:00 Happy Hour 4:30 Supper 5:30 Evening Stroll 6:30 Reading Circle	9 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Scattegories 11:30 Dinner 2:00 Western Sing along 3:30 Nail Care 4:30 Supper 5:30 Evening Stroll 6:30 Phrase Fun	10 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Communion 10:30 penne ante 11:30 Dinner 2:00 Cowboy Floats 2:30 balloon Volley 3:00 Laughing Yoga 3:30 Phrase Fun 4:30 Supper 5:30 Evening Stroll	11 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Memory bingo 11:30 Dinner 2:00 "Show Stoppers" Entertain 3:30 Reminisces 4:30 Supper 5:30 Evening Stroll 6:30 chips in
12 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Scrabble 11:30 Dinner 2:00 Grendparents day entertainment 3:30 Coupon Clipping 4:30 Supper 5:30 Evening Stroll 6:30 Reading Circle	13 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Rosary 10:30 Sing along 11:30 Dinner 1:00 Independent Act 2:30 Bean Bags 3:30 Lemonade Social 4:30 Supper 5:30 Evening Stroll 6:30 Cards	14 8:00 Breakfast 8:45 Spa Day 10:00 Current Events 10:30 Exercise/Walk 11:30 Dinner 1:00 Independent Act/walk 2:00 Ice Cream Social 3:30 Reminisces 4:30 Supper 5:30 Evening Stroll 6:30 Life Work	15 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Mass 10:30 Our Stories 11:30 Dinner 2:00 Eddie Korosa/Polka 3:00 Happy Hour 4:30 Supper 5:30 Evening Stroll 6:30 Bingo	16 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Reminisces 11:30 Dinner 1:00 Independent Act/walk 2:00 Sing along w/ Wayne 2:30 Bowling 3:30 Nail Care 4:30 Supper	17 " 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Bus trip 11:30 Dinner 1:00 Independent Act/walk 2:30 Bean Bags 3:00 Laughing Yoga 3:30 Phrase Fun 4:30 Supper 5:30 Evening Stroll	18 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Memory bingo 11:30 Dinner 1:00 Independent Act/walk 2:30 Phrase Fun 3:30 boewling 4:30 Supper 5:30 Evening Stroll 6:30 Penne Annte
19 8:00 Breakfast 8:45 Am Relaxation 9:00 Spiritual Reading 9:30 Exercise/Walk 10:30 Hymns Sing along 11:30 Dinner 1:00 Ice Cream Social 2:30 Balloon volley 3:30 Scattegoies	20 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Rosary 10:30 Sing Along 11:30 Dinner 1:00 Independent Act/Walk 2:30 Balloon volley 3:30 Lemonade Social 4:30 Supper 5:30 Evening Stroll	21 8:00 Breakfast 8:45 Spa Day 10:00 Current Events 10:30 Exercise/Walk 11:30 Dinner 1:00 Independent Act/walk 2:00 Ice Cream Social 3:30 Reminisces 4:30 Supper 5:30 Evening Stroll 6:30 Music Apprecia-	22 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Mass/bible study 10:30 Our Stories 11:30 Dinner 1:00 Life Work 2:30 Walk 3:00 Happy Hour 4:30 Supper 5:30 Evening Stroll 6:30 chips in	23 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 I hear memories 11:30 Dinner 1:00 Independent Act/walk 2:30 bean bags 3:30 Nail Care 4:30 Supper 5:30 Evening Stroll	24 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Communion 10:30 Crafty Creations 11:30 Dinner 1:00 Independent Act/walk 2:30 Bowling 3:30 Phrase Fun 4:30 Supper 5:30 Evening Stroll	25 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Memory bingo 11:30 Dinner 1:00 Independent Act/walk 2:30 Phase Fun 3:30 Bean Bags 4:30 Supper 5:30 Evening Stroll 6:30 Penne Ante
26 8:00 Breakfast 8:45 Am Relaxation 9:00 Spiritual Reading 9:30 Exercise/Walk 10:30 Hymns Sing along 11:30 Dinner 1:00 Coupon clipping 2:30 Balloon volley 3:30 Scattegoies 4:30 Supper 5:30 Evening Stroll	27 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:00 Rosary 10:30 Sing along 11:30 Dinner 1:00 Independent Act/Walk 2:30 Parachute Games 3:30 Lemonade Social 4:30 Supper 5:30 Evening Stroll	28 8:00 Breakfast 8:45 Spa Day 10:00 Current Events 10:30 Exercise/Walk 11:30 Trip to McDonalds 1:00 Independent Act/walk 2:00 Ice Cream Social 3:30 Reminisces 4:30 Supper 5:30 Evening Stroll	29 8:00 Breakfast 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Collage art 11:30 Dinner 1:30 Walk 2:00 Birthday Social 3:00 Happy Hour 4:30 Supper 5:30 Evening Stroll 6:30 Short Stories	30 8:45 Am Relaxation 9:00 Current Events 9:30 Exercise/Walk 10:30 Reminisces 11:30 Dinner 1:00 Independent Act/walk 2:00 Sing along w/ Wayne 2:30 Ring toss 3:30 Nail Care 4:30 Supper 5:30 Evening Stroll		